



## Fatigue Severity Scale

Choose a number from 1 to 7 that indicates your degree of agreement with the following statements where 1 indicates strongly disagree and 7 indicates strongly agree. Please answer the questions with reference to how you have been feeling on average over the last week.

1. My motivation is lower when I am fatigued:

1            2            3            4            5            6            7

2. Exercise brings on my fatigue:

1            2            3            4            5            6            7

3. I am easily fatigued:

1            2            3            4            5            6            7

4. Fatigue interferes with my physical functioning:

1            2            3            4            5            6            7



5. Fatigue causes frequent problems for me:

1            2            3            4            5            6            7

6. My fatigue prevents sustained physical functioning:

1            2            3            4            5            6            7

7. Fatigue interferes with carrying out certain duties and responsibilities:

1            2            3            4            5            6            7

8. Fatigue is among my three most disabling symptoms:

1            2            3            4            5            6            7

9. Fatigue interferes with my work, family or social life:

1            2            3            4            5            6            7